

StartUp 4
Put it together

Unit6 – Lesson5
Page76

Before Ss watch, ask them to read the question. Tell them to listen for this information. Have Ss watch the video once. Then have them answer the questions individually.

Watch the video.



What advice does Camila give?

Video source: StartUp4. Put It Together. Unit6

Play the video again have your Ss do the task. Then check the answers in class.

Watch the video. Answer the questions.



What does Camila do when she feels stressed?

Can anyone do the moves she shows us?

How does she feel after the exercise?

Video source: StartUp4. Put It Together. Unit6

Send your students to breakout rooms to share the media project with each other. Elicit some answers in class.



STEP 1 THINK OF A WAY TO REDUCE STRESS OR STAY HEALTHY. TAKE 3–5 PHOTOS TO SHOW THE WAYS YOU REDUCE STRESS OR STAY HEALTHY.

STEP 2 SHOW THE PHOTOS TO THE CLASS. TALK ABOUT HOW TO STAY HEALTHY OR REDUCE STRESS EVEN WHEN YOU ARE BUSY.

3 REFLECT AND PLAN

A Look back through the unit. Check (✓) the things you learned. Highlight the things you need to learn.

Speaking objectives

- ☐ Talk about fitness activities
- ☐ Talk about managing stress
- ☐ Give advice on staying healthy

Vocabulary

- ☐ Fitness activities
- ☐ Managing stress
- ☐ Staying healthy

Pronunciation

- ☐ Linking identical consonants
- ☐ Blended pronunciations with *to*

Grammar

- ☐ Gerunds as subjects and objects
- ☐ Past form of *be* + *going to* for the past intentions
- ☐ Prepositions of time

Reading

- ☐ Identify comparison and contrast

Writing

- ☐ Identify cause and effect

Provide the Ss with the audio link of the Media Project. Highlight the page number of the script. Familiarize them with the concept of shadowing if necessary. Assign them to perform shadowing to the Media Project.



Listen to the Media Project using the link.

Perform shadowing by practicing the rhythm, intonation, and pace of the speakers.